

# RUGBY CROSS COUNTRY RESULTS

Cooperstown Invitational, Saturday, September 9, 10:30 a.m.  
Site - Cooperstown Country Club - Cooperstown, ND

## Varsity Girls (5000 Meters) 54 runners

Tristin Lunde - 4th place - 20:45	Braelynn Oppen - 30th place - 24:43
Quinn Nepl - 6th place - 21:20	Kendyl Hager - 34th place - 25:14
Ellie Duchscherer - 7th place - 21:39	Anna Clements - 37th place - 25:36
Rylie Suchor - 21st place - 23:46	Mikaylee Livedalen - 39th place - 25:44
Mykell Heidlebaugh - 22nd place - 23:49	

Team Results: **1. Rugby - 60**, 2. Hatton/Northwood/Thompson - 102, 3. Lisbon - 105, 4. Grafton - 137, 5. New Rockford-Sheyenne - 154, 6. Pembina County North - 157, 7. Harvey/Wells County - 160, 8. Langdon Area/Edmore/Munich - 197, 9. Carrington - 215, 10. Larimore - 237, 11. Rolla - 240, 12. Medina/Pingree-Buchanan - 241, 13. Velva - 246, 14. Richland - 261

Individual Winner: Elise Ramberg - Langdon Area/Edmore/Munich - 19:17

## Varsity Boys (5000 Meters) 71 runners

Riley Zachmeier - 2nd place - 17:16	Landon Rost - 30th place - 19:59
Kadin Nepl - 4th place - 17:40	Logan Harner - 33rd place - 20:19
Kyler Odden - 12th place - 18:45	Warren Walker - 47th place - 21:32
Dawson Schepp - 13th place - 18:46	Ridley Odden - 55th place - 22:13
Cole Wentz - 22nd place - 19:21	Erik Foster - 67th place - 24:45
Austin Doornbos - 29th place - 19:58	

Team Results: **1. Rugby - 53**, 2. Hatton/Northwood/Thompson - 55, 3. Pembina County North - 100, 4. Carrington - 117, 5. Langdon Area/Edmore/Munich - 120, 6. Grafton - 150, 7. Lisbon - 176, 8. Griggs County Central - 206, 9. Medina/Pingree-Buchanan - 287, 10. Harvey/Wells County - 326, 11. Velva - 331, 12. Richland - 335

Individual Winner: Payton Smith - Carrington - 16:41

## Junior Varsity Girls (4000 Meters) 8 runners

Dessa Denich - 5th place - 22:07

Team Results: 1. Griggs County Central - 20, 2. Langdon Area/Edmore/Munich - 41, **3. Rugby - 43**

Individual Winner: Mikayla Koenig - Griggs County Central - 16:43

## Junior Varsity Boys (4000 Meters) 17 runners

Trenton Sanford - 14th place - 23:11

Team Results: 1. Pembina County North - 48, 2. Griggs County Central - 63, 3. Velva - 70, 4. Larimore - 71, 5. Langdon Area/Edmore/Munich - 82, 6. Medina/Pingree-Buchanan - 83, 7. Rolla - 87, **8. Rugby - 92**, 9. Carrington - 95

Individual Winner: Michael Borysewicz - Larimore - 16:40